

# **Analysis on the Value and Application of Folk Games in Kindergarten Education and Teaching**

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**Abstract:** Preschool teachers must fully consider the objectives of teaching and children's growth needs, and on this basis appropriate adjustment of kindergarten education strategy, make good use of the folk game this new form, create an environment suitable for the emotional development of children, so that children can learn in entertainment, to ensure the rapid development of children's ability. Specifically, is to, from the perspective of the folk games in kindergarten education teaching value, make full use of multimedia to create diversified folk game situation, and according to the children's actual needs, combined with the local folk custom games, folk games penetration into the whole process of teaching, so as to guarantee the application effect of folk games in early childhood teaching.

## **1. Introduction**

Folk games with strong interest, can let children's learning interest and enthusiasm, helps to improve the quality of early childhood education and level, and the applications of folk games to children's education, to promote children's language expression ability, cultivate children good spirit of solidarity and cooperation, to inspire children's learning interest and improve their abilities of thinking creativity, is to do nothing. However, from the practical application of folk games, their advantages have not been fully brought into play, mainly because teachers do not have sufficient understanding of their important values, nor can they find effective application strategies, so it is necessary to conduct in-depth research on this topic.

## **2. The Value of Folk Games in Kindergarten Education and Teaching**

### **2.1 Stimulate Children's Interest in Learning and Enhance Their Ability of Thinking Innovation**

Form of folk games is very changeable, itself form of game most relaxed joy, this is completely in line with the demand of the early childhood education, and children are interested in things, so the application of folk games in early childhood education, often can obtain achievements cannot be obtained in the traditional teaching mode, make children better, more full of interest to participate in the games and learning. At the same time, according to people's cognitive development, children's growth and development cannot leave the social cognitive process, and the increase of age will let the children have to explore new ideas and enthusiasm, they are eager to get to the understanding of things, and with the aid of folk games to carry out the teaching work, just can achieve such a goal. From the perspective of children, folk games are obviously a very attractive form of activity. Through a variety of folk games, their thinking ability can also be effectively exercised, and produce extremely outstanding ideas and enthusiasm to participate in classroom activities, with considerable overall application effect.

### **2.2 Cultivating Children's Good Spirit of Solidarity and Cooperation is Conducive to Adapting to Social Development**

Most folk games can't be completed without cooperation. For example, common games include handkerchief dropping, eagle catching chicken, etc. These games generally need collective participation to be completed. In the process of participation, children can easily learn how to cooperate with others. Therefore, organically combining folk games with early childhood education, and appropriately selecting folk games with strong solidarity as the basic educational activities, can often quickly solve the problem that children are difficult to build mature interactive relationships with others, and at the same time enable children to gain fun in such activities. More importantly, children's cooperation with each other is bound to have some mistakes and then evolve into conflicts. In a long period of game activities, children will gradually master how to adjust their emotions, and communicate with others to deal with these contradictions.

### **2.3 Improve Children's Language Expression and Comprehensive Ability**

Preschool education major goal is to cultivate children's series of basic ability, from the point of actual work situation, use of folk games contain some nursery rhymes to carry out teaching activities, often can effectively improve children's grasp of the knowledge effect, and greatly improve young children's cognitive ability, and more importantly with the folk games for teaching, can let the children to express themselves in the game view, eventually form a complete expression ability. Folk games play a vital role in early childhood education, which can help children gradually establish self-confidence in the process of winning games, and reduce their psychological pressure, so that children have the possibility of all-round development. Finally, folk games often involve a series of sports such as walking, running and jumping. After a long time, children's physical fitness will also be improved, which is crucial for their future growth.

## **3. Application of Folk Games in Kindergarten Education and Teaching**

### **3.1 Combine Local Folk Games and Teaching Objectives**

Preschool education work is very complex, preschool teachers must be in accordance with the objectives of teaching work and children growth goals organization of teaching work, and with the aid of the teaching goals with the folk games for teaching, obviously can achieve excellent teaching results. Especially it is worth noting that in the use of folk games for teaching, teachers should give full consideration to the region culture characteristic and types of folk games, form to make the game more relevant young children's growth environment, so as to solve children feel strange for the folk games, conflict between psychological problems, ensure that the application effect of folk games. In addition, we should give full consideration to the close degree of folk games and teaching objectives, and make clear the relationship between primary and secondary, and use games as a means to achieve teaching objectives, and can not play for the sake of games, otherwise the fundamental objectives will be lost.

### **3.2 Permeate Folk Games into the Whole Teaching Process**

Teaching young children is never is not easy, want to combine folk games and children's education is more difficult, so teachers need to explore a new and more practical teaching method, the folk games as a means of early childhood education process, make the children in the process of game task produces a positive feedback, to ensure the healthy growth of children. In addition, different folk games should be classified and selected according to the actual needs of children's growth, so as to make folk games an effective means to achieve teaching objectives. For example, in order to improve children's interest in class, teachers can adopt a series of relatively static folk games, such as drumming, passing flowers, etc., while in order to improve children's physical quality, dynamic games, such as police looking for thieves and sticky bean bags, can be selected, so that they can exercise in the game and finally achieve all-round development.

### **3.3 Choose Folk Games That Are Conducive to Children's Development**

In the process of early childhood education, the rationality of teaching activities directly determines the final quality of teaching work. Under the premise of considering the basic theories of early childhood education, teachers should choose folk games that are conducive to the development of early childhood according to the step-by-step training objectives, which is the only way for early childhood education in the future. In other words, when designing classroom activities, teachers need to take into account factors such as children's growth goals and folk game characteristics, and finally set up exquisite game activities to achieve the goal of enhancing children's enthusiasm for participation. In addition, when organizing folk games, teachers should take into account the psychological and physical development characteristics of children of different ages, consider their creative development, and reasonably choose the nature and type of folk games to ensure that folk games can play their due role in early childhood education. For example, the age of children is generally relatively young, so their ability to cooperate with others is relatively poor, and they are more inclined to deal with problems by themselves rather than cooperate with others. In this case, in order to promote the healthy growth of children, it is necessary to choose some folk games with strong teamwork for classroom activities.

### **3.4 Create Diversified Folk Game Situations with the Help of Multimedia**

Teachers in the process of organizing folk games class, some measures are needed to establish a diversified game situation, continuous upgrading of the richness of folk games, do a good job from the guide to let children produce immersive experience, exercise their ability, dig their potential, to lay a solid foundation for children's growth. To be specific, the popular multimedia technology can be used to play pictures and videos related to folk games for children, so that children can enter the specified game situation before starting the game and ensure the participation of the class. In addition, according to the content of folk games, children can be distributed some props materials, so that they can show themselves in the process of the game, to ensure the application of folk games. At the same time, organically combining the teaching process with folk games can improve children's knowledge mastery and ensure their healthy growth. Finally, folk games are the crystallization of the wisdom of the ancient Chinese working people. Therefore, with a little guidance, folk games can also serve as an effective channel to spread traditional culture.

## **4. Conclusion**

Different from conventional education, the object of early childhood education is relatively special, with a series of characteristics such as young age and low self-control ability. In order to ensure the quality and effect of early childhood education, teachers must constantly adjust teaching methods, actively introduce new ideas and new models, and make preparations for promoting the long-term development of young children. It is obviously necessary to make use of folk games to carry out teaching. In particular, it is necessary to make use of multimedia equipment to create game situations, run folk games through the whole process of early childhood education, and comprehensively consider the goals of early childhood education, so as to make the value of folk games in kindergarten education and teaching become a reality.

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